

WHS Golden Wildcat Dance Team

2018-2019 Tryout Information

Tryouts:

Tryouts will be held on March 27th, 28th, and 29th from 3:00 pm – 5:00 pm in the Walker High School gym. On the 29th, you will be expected to stay until every dancer finishes performing. If you cannot stay the entire time, you cannot be called back if needed. Therefore, if you choose to leave early, your scores will be thrown out, your tryout efforts will be voided, and you will not be considered for a position on this team.

Important Dates:

- A parent meeting will be held on Wednesday, **March 21st** in Room 414 (Ms. Colbenson's T-building behind the gym) at 5:30 pm.
- A mandatory after school meeting with our Varsity rep regarding uniforms will be held for **dance team members only** on Wednesday, April, 11th at 4:30 pm in Room 414 (Ms. Colbenson's T-building). We will be measuring for uniforms. Parents are not required to attend.

Financial Deadlines:

***** THIS IS JUST AN ESTIMATE. WE ARE CURRENTLY WORKING TO REDUCE COSTS.**

- **April 11th**: First payment due (down payment for uniforms and summer camp)
Returning Dancers: \$500 New Dancers: \$670
- **May 9th**: Second payment due
Returning Dancers: \$500 New Dancers: \$670
- **June 13th**: Third payment due
Returning Dancers: \$500 New Dancers: \$670

Dates of Upcoming Events:

American All-Star Dance Camp-

- Southeastern Louisiana University - Hammond, LA
- June 4th-7th (All members are required to attend all days of camp.)
- More information to come.

What we are looking for:

Dance-style, movements with emphasis on control, isolations, and placements

Sideline Routine(s)- Sharpness, motion placement, precision, control, projection, spirit, and execution

Technical Skills- Double/triple Turns, splits, kicks, leaps, hip hop skills/tricks.

Enthusiasm- Smile, projection, facials, spirit, and eye contact

Appearance –poise, posture, neatness, and attitude

Teacher and coach evaluations, interview sheets, report cards, interims, behavior records and attendance records.

What to wear:

Black shorts, a solid colored tank or dance leotard, tennis shoes or jazz shoes and hair must be pulled back. No exposed midriiffs. Please wear the proper under garments that you will need to dance.

Participant and Parent Consent Form

I, _____, submit this application for the 2017-2018 Walker High School Golden Wildcat Dance Team program tryouts. My academic classification will be _____ (sophomore, junior, senior) during the fall semester of 2018 and my cumulative GPA is currently a _____. In submitting this application, I consent that the information provided is true and accurate. I accept and understand that the decision of the judges will be final. I also understand that the final authority will rest with the sponsors and the judges for the tryouts, and I will accept and abide by these decisions. I certify that I meet all of the requirements listed on the contract and throughout the tryout packet. I have read and understand all rules and regulations listed within the contract and the tryout packet and agree to follow all guidelines.

Applicant's Signature _____ **Date** _____

I have read and understand the rules and regulations that are within the tryout packet and contract and I am giving my permission to my student to try-out and participate in the WHS Dance Team Program.

Guardian's Signature _____ **Date** _____

Parental Permission/Liability/Medical Treatment Authorization

(Print student's name) _____ has my permission as legal guardian to participate in athletics/dance team at Walker High School. I understand that this activity involves risk to the participants. I hereby do not hold Livingston Parish School Board, Walker High School, and the concerned athletic faculty, coaches, or sponsors liable for any accident or injury which may occur while participating in athletics.

In order for my son/daughter to receive the necessary medical treatment in the event he/she may sustain injury or illness during participation in this activity, I hereby authorize the dance team coaches, other supervising adults, or trainers to obtain medical treatment for my son/daughter for such injury or illness during the activity, and I hereby hold Livingston Parish School Board, Walker High School, and its representatives harmless in the exercise of authority.

I further understand that Walker High School has established rules pertaining to conduct, behavior, and activities of all students and dance team participants, by which my son/daughter must abide during participation in this activity. My son/daughter and I will be responsible for his/her failure to abide by those rules and regulations and will accept any consequences that come as a result of a failure to abide by the rules and regulations.

My son/daughter and I have read and understand the above stated information.

Applicant's Signature _____ **Date** _____

Print Above Name _____

Guardian's Signature _____ **Date** _____

Print Above Name _____

**WHS DANCE TEAM
INSURANCE VERIFICATION**

In order for a student to participate in any athletic event at Walker High School he/she must have adequate insurance coverage. The student athlete must be covered by a policy or subscribe to the student insurance program provided by the school. Parents and students purchasing student insurance shall be responsible for collecting and assembling all claims and bills necessary for processing these claims. Parents must also realize that the insurance policy may not cover all medical and hospital expenses. Walker High School is not liable for any expenses incurred past these limits.

Please complete the following:

_____ We presently **DO NOT** have adequate insurance coverage and are interested in school insurance.

_____ We presently have adequate insurance coverage and are not interested in school insurance.

Name of Insurance Company: _____

Policy Number: _____

Family Doctor: _____ Phone Number: _____

**** Attach a copy of the front and back of your insurance card. This is needed for the student to be allowed to participate in tryouts.**

Guardian's Signature: _____ Date: _____

**EXHIBIT A. TO A DRUG TESTING POLICY
GENERAL AUTHORIZATION FORM**

I understand that my performance as a participant and the reputation of my school are dependent, in part, on my conduct as an individual. Therefore, I hereby authorize Walker High School to conduct a test on a urine specimen, which I provide to test, for drugs and/or alcohol use. I also authorize the release of information concerning results of such a test to Walker High School and the parents and/or guardians of the student.

This shall be deemed consent pursuant to the Family Education Right to Privacy Act for the release of the above information to the parties named above.

I have received a copy of and agree to the terms of Walker High School's Athletics drug testing policy.

Student's Signature: _____ Date: _____

Guardian's Signature: _____ Date: _____

**WHS Golden Wildcat Dance Team
TRAVEL CONSENT FORM**

Walker High School does not own or operate a bus for athletic travel. It has always been a practice that travel accommodations are arranged by the sponsor/coach. In some cases travel may be provided by the parents or relatives of players/participants, sponsors/coaches, and even the players/participants themselves. There are also cases when a bus can be obtained either through the school board or renting a charter bus. The sponsors/coaches will set up rides for everyone and will take as many safety precautions as possible for departure and arrival.

I am aware that my son/daughter will attend some Walker High School athletic events in transportation provided by individually owned cars driven by other dancers/parents or sponsors/coaches.

I give permission for my son/daughter to be transported to these athletic events in the manner described above.

Guardian's Signature: _____ Date: _____

I also give permission for my child to leave campus during the school day for school sponsored events. I am aware that my child will be transported or driven by other dancers/sponsors/parents.

Guardian's Signature: _____ Date: _____

Print Student's Name: _____

WHS DANCE TEAM EMERGENCY ACTION PLAN

Once it has been established that there is an emergency situation, the following steps should be taken:

1. The coach or proper supervisory staff (such as an adult assistant coach/certified athletic trainer/school employee) should stay with the injured athlete. The injured athlete is the most important person needing supervision. Any necessary first aid procedures should be taken and the injured athlete should be observed for any changes that warrant assistance.
2. Two assigned participants will call 9-1-1 or another local emergency number provided and state the address of the location of the injury and explain the emergency situation.
3. Two assigned participants will keep other students from entering the area so that a scene is not created that will hamper emergency efforts.
4. Two assigned participants will contact the athletic trainer or school nurse if they're available.
5. Four to six groups of two assigned participants will station themselves at various points along the path an ambulance and emergency personnel will use to access the injured dancer. An example of this may be to have a group stationed outside the gym doors in the hallway, a group at the end of the hallway where the entrance is to a parking lot, a group in the parking lot and even a group near the road where the ambulance would turn into the parking lot. The role of each of these groups is to visually cue the emergency personnel and direct them to the injured dancer via the next group up the path.
6. Any remaining participants should keep back from the injured dance team member to allow for emergency procedures to be administered and to minimize the psychological effects of comments or concerned looks by the injured athlete's peers.

We understand that each participant plays a role in maintaining a safe environment and if an emergency situation occurs they will be responsible for fulfilling their assigned role to the best of their ability.

Student's Signature: _____ Date: _____

Guardian's Signature: _____ Date: _____

Golden Wildcat Dance Team Questionnaire

2018-2019

Please answer the following questions to the best of your ability and return them with your tryout packet.

1. Why do you want to be a Golden Wildcat?
2. Do you have any previous dance, cheer, or gymnastics experience? If so, please indicate what sport you are/were involved with, where, and the number of years of experience.
3. Do you have any vacations planned for the summer? If so, are you willing to give up vacations in June and July for required camp and practices? If no, why not?
4. What does the term COMMITMENT mean to you?
5. The year can become long and tiring. What will you do if you start to feel burned out mid-season? How do we know that we (your coaches, your sponsors, and your team) can count on you to stay committed?
6. Do you plan on participating in any other sports, clubs, and/or activities during the 2018-2019 school year (this includes community sports, clubs, and other programs)? If yes, please explain your plans.

Golden Wildcat Coaches' Score

(Only for previous Golden Wildcat dance team members)

*****Only fill out top portion. Coach Maddie and Coach Ashlin will complete the rest. Thank you.**

Name: _____

Years on the team: _____

Class (circle one): Sophomore Junior Senior

Applying for leadership role: yes no

You will be scored based on how you executed the following categories throughout the previous school year (2017-2018). This includes summer, 4th block, and spring practices, dance camp, football games, pep-rallies, basketball games, and any other performances you have participated in throughout the year.

Attitude: 1 2 3 4 5

Work ethic: 1 2 3 4 5

Presentation (for performances): 1 2 3 4 5

Punctuality: 1 2 3 4 5

Sportsmanship: 1 2 3 4 5

Total score: _____/25

Dear Potential Dance Team Member,

We look forward to seeing you at the clinic and tryouts. The clinic dates are Tuesday, March 27th, Wednesday, March 28th, and Thursday, March 29th. The times will be each day from 3:00 pm – 5:00 pm for all students who want to tryout. You will need to attend the clinic for the full amount of time since the instructors will teach you all the skills and dances you will need to know for the tryout. There will be no exceptions. Both clinic and tryouts are closed to the public. On Thursday, March 29th you must stay until everyone has completed their performance. Final team selections will be made after the tryouts have concluded and will be posted later that evening on the 100 hall door.

During the clinic, you will be taught a dance that contains aspects of Jazz, Pom, and Kick technique, and Hip Hop choreography. Your ability to execute jumps, leaps, turns, motions, and display flexibility while having a positive attitude, work ethic, and willingness to work with others will also be evaluated during the tryout. Dance/athletic shoes and appropriate clothing (No midriff shirts.) must be worn for both the clinic and the tryout. No jewelry of any kind should be worn and hair should be pinned up securely in a bun or ponytail.

You may start signing up and turning in the required documents on Friday, March 16th. We will meet in the Walker High School gym for clinic and tryouts. Please note that you must have all of the following papers turned in by Tuesday, March 27th. **You will be allowed to participate in the clinic or tryout without ALL the necessary forms completed.**

- **WHS Dance Team Emergency Action Plan**
- **WHS Dance Team Insurance Verification/Drug Testing Policy Form**
- **Participant and Parental/Guardian Information Form**
- **5 Teacher Evaluations**
- **Participant and Parent Consent Form/Parental Permission/Liability/Medical Treatment Authorization Form**
- **WHS Golden Wildcat Dance Team Travel Consent Form**
- **Golden Wildcat Dance Team Questionnaire**
- **Coaches score (if you were on the team the previous year)**
- **Current Doctor's Physical form**
- **This letter (signed at the end)**
- **Attach Tryout fee of \$25 (checks can be made out to Walker High School)**
- **Attach most recent Interim & Report card**

*****If you plan on interviewing and tryout for a leadership role, you must have been on the Golden Wildcat Dance Team for 1 year and be in good standing. Please mark on your application that you intend to interview/tryout for a leadership role.**

All of the attached guidelines and information should be read carefully before the clinic and tryouts. Being a Golden Wildcat is a **year-long** program. If you do not want to or cannot participate in the spring semester for spring practices or basketball games, **DO NOT** tryout. Please consider all of the time and financial commitments listed. Fundraisers are required for the general Dance Team fund.

Also, please remember that all judges' scores are final and will not be available for you to review. Team selection is based on the accumulation of scores from all judges. Please keep in mind that teacher evaluations have a large impact on final scores. Students with poor teacher evaluations will not be placed on the team.

We would like to wish you the best of luck and look forward to seeing you at the clinic and tryout.

Sincerely,

Hannah Pierce and Jessica Colbenson
Golden Wildcat Sponsors

Tips for a successful tryout:

1. Show off your discipline, motivation, enthusiasm, responsibility, and determination. **Our first impression of you will be affected by how well you follow all directions listed in this packet. This includes the organization of paperwork.**
2. Practice smiling!!! Facial expressions go a long way. Work on showmanship. Judges sometimes cannot see mistakes if they are absorbed with your energy.
3. Begin stretching now so you are not as sore during auditions. Never try splits or advanced moves until you have warmed up your body.

Please sign below showing that you have read this information.

Dancer's Signature

Parent Signature

Estimated Financial Responsibility:

2018-2019

Please note that these prices are approximate and could be adjusted. There may also be additional expenses such as bus transportation to and from various events that are not listed. We will make every effort to fundraise to cover these additional expenses. All payments are non-refundable. All left over money will go to the General Team Dance fund.

Returning Dancers	
Coaching/Choreography fee	\$350.00
Practice/Performance Uniforms, Shoes, & Accessories	\$645.00
UDA Camp	\$500
Camp Music	\$10
*Estimated Total fees	\$1505.00

New Dancers	
Coaching/Choreography fee	\$350.00
Practice/Performance Uniforms, Shoes, & Accessories	\$1150.00
UDA Camp	\$500
Camp Music	\$10
*Estimated Total fees	\$2010.00

**Uniform pricing is subject to change depending on dancers sizing needs. You will be responsible for your dancer's additional charges, alterations, replacement items (with shipping), etc.

We will also have coaches that will come to work with the girls four or five days a week to work on technique and/or teach routines. This will be a monthly fee that will be required for you to pay. This fee will range between \$20-\$30 a month

Financial Deadlines:

March 15th – First payment: (estimated)

Returning Dancers: \$500
New Dancers: \$670

April 15th - Second payment: (estimated)

Returning Dancers: \$500
New Dancers: \$670

May 15th – Third payment: (estimated)

Returning Dancers: \$500
New Dancers: \$670

GOLDEN WILDCAT DANCE TEAM 2018 – 2019

ELIGIBILITY CHECKLIST FOR:		
1.	Completed Participation/Parental Information Form	
2.	Read the Dance Contract and keep this copy as a reference.	
3.	Signed Participant and Parent Consent Form and Parental Permission/Liability/Medical Treatment Authorization Form	
4.	Completed Physical/Medical History Form (LHSAA Form) ** If you already have this form completed for another sport you still need to submit a copy to me. I will not ask the coach for a copy, <u>you</u> must do this before turning in your packet.	
5.	Signed and Completed Insurance Verification/Medical Treatment Form and WHS Athletic Drug Testing Policy Form <u>with attached insurance card.</u>	
6.	Signed Travel/Transportation Consent Form	
7.	Signed Emergency Action Plan	
8.	Completed Golden Wildcat dance team questionnaire	
9.	Completed Teacher Evaluation Forms (5 total) ** Fill out the top before submitting them to your teachers.	
10.	Coaches' Score (only for previous GW members) **Fill out top before submitting to your coaches	
11.	Attach a copy of most recent Report Card <u>and</u> Interim (2.0 GPA is required)	
12.	\$25.00 tryout fee (checks made payable to Walker High School)	

- ✓ All forms must be completed and returned to Ms. Colbenson by Tuesday, March 27th.
- ✓ All of these items must be in your returned packet by the due date or you will not be allowed to participate. **NO EXCEPTIONS!**
- ✓ Tryouts will be held **March 27th - March 29th** after school in the Glenn Ellis Gym (if the gym is unavailable it will be held in the new wrestling room. You will learn all tryout material during the clinics after school from 3:00-5:00. Tryouts will begin at 3:00 on Thursday, March 29th, and you will not be dismissed until everyone is finished.

- ✓ At least one parent/guardian and the student trying out must attend a mandatory meeting on Wednesday, March 21st or you will not be able to tryout. The meeting will take place in room 414 at 6:00 pm.
- ✓ Please turn in all paperwork to Ms. Colbenson, Room 414 or the front office at WHS in a folder with your name and Ms. Colbenson's name on it. If you have any questions concerning the paperwork or the program, please contact Ms. Colbenson or Mrs. Pierce via email at Jessica.colbenson@lpsb.org or Hannah.pierce@lpsb.org.
- ✓ Thank you for your interest in the Walker High School Golden Wildcat Dance Team Program. We look forward to seeing you at tryouts. Good Luck!

**Golden Wildcat Dance Team Contract of Walker High School
Walker, Louisiana
2018-2019**

Purpose:

- To publicly show the true spirit and loyalty that stands behind the name of Walker High School and to support ALL Walker athletic teams in victory or defeat.

Membership:

- 9th, 10th, 11th, or 12th graders. The number of dancers selected is based upon where the drop in scores falls.

General Requirements:

- Must maintain a 2.5 GPA.
 - If a 2.5 GPA is not maintained, the dancer is on probation for the following four and a half weeks. During the probation period the dancer will not be allowed to perform at games, pep rallies, etc., but will be required to attend practice, games and all other functions until the student is off probation.
 - If the student's average is maintained the next interim, the dancer is removed from probation. If not, the dancer is dismissed. The second time a 2.5 GPA is not met; the dancer will be dismissed from the squad.
 - In addition to the 2.5 GPA, the dancer must not have any Fs on their interim or report card. If an F is on an interim or report card, the dancer will be on probation for the following four and a half weeks. During the probation period the dancer will not be allowed to perform at games, pep rallies, etc., but will be required to attend practice, games, and all other functions until the student is off probation. If the dancer does bring up the F during the probationary period (four and a half weeks), the dancer is removed from probation. If not, the dancer is dismissed from the team.
- Must have a pleasing appearance, spirit, skill, and attitude.
- Must have no more than one suspension on record for any reason.
- Have not previously been dismissed or quit a high school or Freshman Squad.
- Full time student for the year (August '17 to May '18).
- Current physical signed by parent(s)/guardian(s) and physician indicates no health or physical defects that would hinder ability to perform.
- Adequate insurance coverage and copy of current insurance card submitted.
- Signed contract and parental consent forms in tryout packet.
- Must attend summer camp at Southeastern University-Hammond, LA.

Uniforms:

- Must wear correct uniform/outfit to practice, pep rallies, and games and nowhere but the appropriate school functions.
- Keep uniforms clean, well-fitted, and in good repair. If any uniform is not in good condition the student will have to sit out until it is repaired or replaced.
- **NO jewelry, tattoos, or piercings, except ears (one in each ear lobe).**

- Whenever in uniform, the student must behave in a respectable manner and abide by this contract. Failing to do so can result in dismissal from the squad.

Games:

- Dancers must perform at all pep rallies and varsity games, including playoffs and any other event deemed mandatory by the sponsor or principal.
- Must be on time for the game and remain the full time, until dismissed by the sponsor, coach, or team captain
- Must practice the day before and the day of the game in order to dance at games or perform. (NO check-outs or check-ins resulting in missing more than half of a day.) REMEMBER FRIDAY IS THE DAY BEFORE MONDAY.

Transportation:

- Must travel to and from games and other events in transportation scheduled by sponsor.
- At all games and performances the dancers will remain together as a group. If a dancer is not performing, they will be expected to attend in full uniform and sit with the sponsor/coach. They must receive permission from the sponsor/coach to leave the group.
- **Missing more than one football game, including doctor excuses or school related functions, will result in dismissal from the squad.**
- **Dancers will perform at a few basketball games TBD**

Practice:

- Football (Fall) — during 4th block every day and after school when needed; do not plan anything right after school because there may be days we need to stay
- Basketball (Spring) — Days are TBD
- Summer — Dates are TBD
- Additional — when sponsor or head dancer deems it necessary
- Must be on time for practices and stay the whole time.
- Must attend school for half of the day to participate in practice.
- Dancers are required to **personally** inform the sponsor if they must check out of school for any reason. If they are absent, the dancer or guardian must text or email me to let me know as soon as possible and include a reason for the absence.
- **IF YOU MISS ANY PRACTICES AND/OR ARE NOT PREPARED FOR THE PERFORMANCE ON GAME DAY, YOU WILL NOT PERFORM AT THE GAME.**
- Doctor's excuses must be turned in to the sponsor.
- After school jobs are not an excused absence from practice.
- Avoid making doctor's appointments that will interfere with practice because missing keeps you from being able to perform.
- School related activities are not an excused absence from practice/performances.

Conduct:

- Each dancer will be responsible for his/her own conduct and will be held to a high standard of behavior.

- Conduct in the classroom and out should give a good example to other students. Any misbehavior in a class reported by a teacher will result in demerits and/or sitting out of performances.
- Inappropriate behavior on social media outlets is not accepted.
- At all practices, games, and performances the dancers will remain together as a group. If a dancer is not performing, they will be expected to attend in full uniform and sit with the sponsor/coach. They must receive permission from the sponsor/coach to leave the group.
- **EMOTIONAL OUTBURSTS AND ARGUMENTS WILL NOT BE TOLERATED.**
- Talking back to the sponsor or captains **will not be allowed.**
- Coaches and sponsors have the right to make dancers sit out of performances for missing practices, attitudes, arguing, disrespect, inappropriateness, etc. Dancers will still be required to attend the performance(s).

Being a dancer is not mandatory but is sought after and should be regarded as a great honor. The satisfaction of doing a job well and the realization of the influence one has on others makes it all worthwhile.

Demerits:

- Maximum number is **ten**, the dancer is dismissed on eleven.
- Given by the sponsor, coach, or on recommendation of the team captain.
- Given in the following cases but is not limited to this list:
 1. Misconduct/Disobedience (1)
 2. Being late! (1 every time you are late)
 3. Inappropriate Appearance - wrong uniform, navel ring, tattoos, etc. will impact grade.(1)
 4. Unexcused absences/missing practice (1)
 5. Detention/Saturday Clinic (1)
 6. Missing games- Football (6), Basketball (3)
 7. Missing practice for any school-related activity (1)

Dismissal:

- If dismissed from the team, it is up to the coaches, sponsors, and principles discretion whether the student will be allowed to try out for the squad again.
- Dismissal can happen in the following cases but is not limited to this list:
 1. Marriage
 2. Pregnancy – present or future (until graduation)
 3. Smoking
 4. Drinking
 5. Drug Use
 6. Maximum number of demerits. (maximum of 10, dismissed at 11)
 7. Failure to maintain a 2.5 average for two consecutive interims.
 8. More than one suspension from school

9. Misconduct, disobedience, or irresponsible behavior.
10. Anything found or posted on social media that is deemed inappropriate by the coaches, sponsor, or principal.
11. Too many game absences.
12. Failure to meet any requirements stated in this constitution.
13. ANYTHING DEEMED INAPPROPRIATE BY THE SPONSOR OR PRINCIPAL.

— All funds will be handled through the sponsors and school.

— Any money left over in a dancers account at the end of the year will go toward the general dance account balance.

— Dancing is a full year commitment (from tryout to tryout); involvement in other school organizations or sports should not interfere with dance activities or have very little overlapping.

— Any situation not covered in the above rules will be handled accordingly by the sponsor and principal. All decisions made are final.

*** Sign and return the given consent form stating you understand the above rules and agree to abide by this contract for the 2018-2019 Dance Team season.